

JONATI (My Dove)

Pronunciation: Yo - nah - tea. This couple dance was choreographed by Rivka Sturman. The music was written by S. Biederman; lyrics are from the Song of Songs.

MUSIC: Record: "Dance with Rivka" Tikva, T 98. Mixed meter, 4/4 and 3/4.

FORMATION: Circle of ptrs. M on inside. Face ptr with inside hands joined, waist height.
Footwork is written for M; W use opposite ft.

Meas	Cts	Pattern	
1	4/4)	Introduction	
1	3/4)		
PART I: Measures 1 and 3 are 4/4; measures 2 and 4 are 3/4.			
A	1	1 Step R in place, bending knee slightly.	
		2 Turning to move in LOD (CCW), step fwd L, moving side by side.	
		3 Continue in LOD, side by side, step fwd R.	
		4 Step on L to L (CCW), turning to face ptr.	
	2	1 Facing ptr, take light leap on R (RLOD)	
		2 Cross L ft in front of R. W turning body to face RLOD and bring outside hand up to chest height (elbow bent).	
		3 Bring R ft near L, bending both knees sharply, and keeping R ft flat and parallel to floor at ankle height. Head and body are held erect.	
	3	1-4 Repeat action of meas 1, cts 1-4.	
	4	1 Take light leap bkwd on R (ptrs move away from each other keeping hands shoulder high), bending R knee. L ft remains in place.	
		2 Step fwd onto L, transferring wt and straightening body with an upward impulse over L ft.	
	3 Bring R ft near L, bending both knees sharply, keeping R ft flat and parallel to floor at ankle height. Head and body are held erect.		
5-8		Repeat action of meas 1-4.	
PART II (meas 1-4 are 4/4; meas 5 is 3/4)			
B	1	1 Facing ptr, step on R, bending knee.	
		2 Step L in place, smoothly straightening knee.	
		3 Remain face to face, step R across L, moving LOD.	
		& Step to L on L toe.	
		4 Step R across L, moving LOD. Finish with M R shoulder adjacent to W R shoulder, free arms slightly outstretched at waist height. Ptrs lean twd each other.	
	2		Begin L, move CW one full circle around each other:
		1 Step on L, moving fwd and beginning to circle around ptr.	
		2 Step on R, continuing circle	
		3&4 With one two-step (L R L), complete circle to original pos. Make action flirtatious and playful.	
	3	1-4 Repeat action of meas 1, Part II (cts 1-4).	

JONATI (continued)

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| 4 | 1, 2, 3 | With 3 walking steps (L, R, L) change places with ptr, R hands joined, moving CW |
| | 4 | Face ptr and take a small step back (M R, W L) in a rocking manner. |
| 5 | 1, 2, 3 | With 3 walking steps (L, R, L) return to original pos. Finish face to face. |
- Dance repeats from the beginning, W gives L hand to ptr.

Presented by Rivka Sturman